



# News Release

FOR IMMEDIATE RELEASE

## TARC Organizes Martin Luther King Jr. National Service Day Activities Throughout January and February

“I have the audacity to believe that peoples everywhere can have three meals a day for their bodies, education and culture for their minds, and dignity, equality and freedom for their spirits.” These words, spoken by Martin Luther King, Jr. in 1964, serve as the inspiration for a new service initiative taking place in January and February in Tulsa.

In conjunction with Martin Luther King, Jr. Day of Service, TARC, in partnership with University of Tulsa True Blue Neighbors, Tulsa People First, and the Bridges Foundation, will bring together people with and without developmental disabilities to participate in a variety of service projects between Jan. 18 and Feb. 27, 2016.

The federal agency that leads the national Martin Luther King, Jr. Day of Service, the Corporation for National and Community Service (CNCS), selected The Arc of the United States and five other organizations as grantees to plan and execute volunteer projects that will unite Americans in service. The 2016 MLK Day of Service will take place on Monday, January 18, and The Arc, through Tulsa-based nonprofit TARC and nine other chapters nationwide, will be involved in service events throughout January and February where people with intellectual and developmental disabilities (I/DD) will volunteer alongside people without disabilities in service projects related to access to healthy food.

Service projects in Tulsa will include: volunteer service at the Community Food Bank of Eastern Oklahoma; food drive at the University of Tulsa for the Kendall Whittier Food Pantry Feb. 1-26; collection of canned food at the TU and University of Connecticut women’s basketball game on Jan. 27; and serving meals on multiple days in February to approximately 140 students at Kendall Whittier Elementary School as part of their after-school program sponsored by TU True Blue Neighbors.

Individuals with developmental disabilities who are interested in joining with TARC in any or all of these MLK Day service projects are encouraged to contact Barry Maxwell at 918-582-TARC (8272) or email [bmaxwell@ddadvocacy.net](mailto:bmaxwell@ddadvocacy.net).

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